



While I have paroxysmal
or persistent AFib

I'M
STILL AN
ADVENTURER

A GUIDE FOR GETTING STARTED
ON MULTAQ



None of the individuals in this brochure are actual patients.

INDICATION

MULTAQ is a prescription medicine used to lower the chance you would need to go into the hospital for an irregular heart rhythm called atrial fibrillation (AFib). It is meant for people with certain types of AFib (paroxysmal or persistent AFib) who have had AFib in the past but are now in normal heart rhythm.

IMPORTANT SAFETY INFORMATION

What is the most important safety information I should know about MULTAQ?

Do not take MULTAQ if you have symptoms of heart failure that recently worsened and you were hospitalized, or if you have severe heart failure. MULTAQ doubles your risk of dying if you have these conditions.

Do not take MULTAQ if you have a type of atrial fibrillation (AFib) called permanent AFib. You should not take MULTAQ if you are in AFib and your doctor is not planning to change you back into normal rhythm. People with permanent AFib who take MULTAQ have a higher risk of death, stroke, and needing to be treated in a hospital for heart failure.

Please see additional Important Safety Information throughout this starter guide, and click to read the [Medication Guide](#) and full [Prescribing Information](#), including **boxed WARNING**.

WHY SHOULD I TAKE **MULTAQ**?

UNDERSTANDING AFib

Normally, the heart beats in a regular rhythm and at a consistent rate controlled by the body's electrical system. When your heart is beating in an irregular, usually very rapid rhythm, this is called AFib.

WHY MULTAQ?

If you have been diagnosed with paroxysmal or persistent AFib, that means irregular or extra electrical signals disrupt your heart's normal rhythm.

You may already be taking a blood thinner or heart rate medicine for your AFib, and now **your doctor has prescribed MULTAQ.**



MULTAQ is an **FDA-approved HEART RHYTHM MEDICATION**

(called an antiarrhythmic)



MULTAQ may help those with paroxysmal or persistent AFib, who are now in normal rhythm, have **more days without AFib episodes**



MULTAQ and medicines like it that help people with AFib maintain a normal heart rhythm are **jointly recommended by the American Heart Association, the American College of Cardiology, and the Heart Rhythm Society**



MULTAQ has been a proven AFib medication for over a decade, studied in multiple clinical trials with more than 6000 people

IMPORTANT SAFETY INFORMATION (CONTINUED)

MULTAQ may cause liver problems, including life-threatening liver failure. Call your doctor right away if you are taking MULTAQ and develop any of these signs and symptoms of liver problems: loss of appetite; nausea; vomiting; fever; feeling unwell; unusual tiredness; itching; yellowing of the skin or the whites of the eyes; unusual darkening of the urine; right upper stomach area pain or discomfort.

DOES MULTAQ HAVE SIDE EFFECTS?

Everyone responds to medication differently. Like other medications you may take, MULTAQ can cause side effects.

MOST COMMON SIDE EFFECTS IN CLINICAL TRIALS

	MULTAQ	Placebo
Diarrhea	9%	6%
Nausea	5%	3%
Indigestion	2%	1%
Vomiting	2%	1%
Stomach area (abdominal) pain	4%	3%
Feeling tired or weak	7%	5%
Skin problems (such as rash, redness, itching)	5%	3%
Slowed heartbeat	3%	1%

These are not all the possible side effects of MULTAQ. Talk to your doctor for medical advice about side effects.



During the clinical trials, treatment was stopped because of side effects in 12% of patients treated with MULTAQ and 8% of patients treated with placebo. Most common reasons for stopping treatment included stomach-related side effects (3% MULTAQ and 2% placebo) and irregular heart rhythm called QT prolongation (2% MULTAQ and 1% placebo).

POSSIBLE SERIOUS SIDE EFFECTS

MULTAQ may cause serious side effects including slowed heartbeat, inflammation of the lungs (including scarring and thickening), low potassium and magnesium levels in your blood, and changes in kidney function blood tests. MULTAQ may cause liver problems, including life-threatening liver failure.

DRUG INTERACTIONS

MULTAQ and certain other medicines can interact with each other, causing serious side effects. Let your doctors know about all medications you are currently taking (including vitamins and herbal remedies).

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HOW DO I TAKE MULTAQ?

TAKE MULTAQ TWICE A DAY, WITH FOOD.



Twice a day

It's important to take MULTAQ as prescribed: 1 tablet, 2 times a day—in the morning and the evening. MULTAQ may take up to a week to work

Take MULTAQ with meals

To improve the absorption of MULTAQ into the body, each dose of MULTAQ should be taken with food—it is recommended to take MULTAQ with full morning and evening meals



Eat healthy fats

Healthy fats, such as extra virgin olive oil, nuts* and avocados can help your body better absorb MULTAQ.[†] Adding healthy fats to your meals can improve MULTAQ's absorption in the body by nearly 4 times



Do not drink grapefruit juice while taking MULTAQ

Grapefruit juice can increase the amount of MULTAQ in your blood, and increase the likelihood you will have side effects



*If nut allergy exists, it may be best to avoid all types of nuts.

[†]Talk to your doctor about a diet that is right for you.

IMPORTANT SAFETY INFORMATION (CONTINUED)

When should I call the doctor?

Call your doctor right away if you're taking MULTAQ and have any signs and symptoms of heart failure. These may include shortness of breath or wheezing at rest; wheezing, chest tightness, or coughing up frothy sputum at rest, nighttime, or after minor exercise; trouble sleeping or waking up at night or using more pillows to prop yourself at night because of breathing problems; weight gain; or foot or leg swelling.

ROUTINE MATTERS WITH MULTAQ

TAKE MULTAQ EXACTLY AS YOUR DOCTOR TELLS YOU.

It's important to take **the right dose of MULTAQ at the right time**. It's helpful to make taking your tablet part of your daily routine.

Here are some helpful hints:



Get a pill organizer and **create a pill reminder on your smartphone** to help you remember to take your 2 doses of MULTAQ every day and on time



Make a weekly meal plan to ensure you are eating the right foods, with healthy fats, at both breakfast and dinner†



Automate your refills (monthly or 90-day) to avoid running out of MULTAQ



Keep taking MULTAQ once you start—even if you feel better—so MULTAQ can continue to work as intended



What happens if you miss a dose?

If you miss a dose, do not take 2 doses at the same time. Instead, wait and take your next dose at your regular time.



What if your pulse becomes irregular?

Call your doctor or visit the emergency room right away. This may be a sign that you are experiencing an AFib episode.

Sanofi does not provide medical advice, diagnosis, or treatment. Please consult your doctor if you have any questions about your health or treatment.

Please see additional Important Safety Information throughout this starter guide, and click to read the [Medication Guide](#) and full [Prescribing Information](#), including **boxed WARNING**.



HELP PAYING FOR MULTAQ

IF YOU HAVE COMMERCIAL INSURANCE



START WITH SAVINGS

- For those with private insurance and the MULTAQ Savings Card, you may be eligible to pay as low as \$0 copay on each of your next 13 MULTAQ fills with no income restrictions*
- MULTAQ is covered for most people with private insurance and/or Medicare plans
- If you need help with insurance questions, your pharmacist and health insurance company can be a great resource for understanding your coverage and how much MULTAQ may cost



You'll need to re-enroll your Savings Card every 13 months.



FILL YOUR PRESCRIPTION

Just 3 simple steps to getting your prescription for MULTAQ:

- 1** **Activate** your Savings Card at MULTAQ.com
 - 2** **Take** your MULTAQ prescription to the pharmacy with your Savings Card
 - 3** **Ask** for MULTAQ by name at your pharmacy
- !** Make sure your pharmacist knows that there is no generic for MULTAQ

*Offer only available to eligible patients with commercial insurance not funded through a government healthcare program or to patients paying cash. This offer is not valid for prescriptions covered by or submitted for reimbursement under Medicaid, Medicare, VA, DOD, TRICARE, or similar federal or state programs, including any state pharmaceutical assistance programs. Subject to a cap of \$3,000 for 13 fills for commercially insured patients and a cap of \$1,950 for 13 fills for patients paying cash. Any savings provided by the Savings Card may vary depending on patients' out-of-pocket costs. Sanofi U.S. reserves the right to rescind, revoke, or amend this offer without notice. Void where prohibited by law. Upon registration, patients receive all program details.

IMPORTANT SAFETY INFORMATION (CONTINUED)

Call your doctor right away if you notice that your heartbeat or pulse is irregular. This is a sign that you are in AFib.

Call your doctor if you develop shortness of breath or a dry cough during treatment with MULTAQ.

Call your doctor if you experience an allergic reaction, such as itchy rash, low blood pressure, or rapid swelling of the throat or skin, especially around the lips or eyes.



**Visit multaq.com/savings
to get started today!**

If you have questions about the MULTAQ Savings Card, you can contact the Savings Card line at 1-855-699-8685. Someone is available from 9 AM to 8 PM Eastern Standard Time, Monday to Friday.



**GET FINANCIAL
ASSISTANCE FOR
QUALIFYING PATIENTS**

Sanofi Patient Connection™ patient assistance program provides medication to qualifying low-income patients.



To download our application on your computer and to see the complete list of eligibility requirements, visit www.sanofipatientconnection.com



To speak with an associate about the program, call Sanofi Patient Connection™ at **1-888-847-4877**



START SAVING TODAY!

Scan this QR code with the camera on your phone to learn more about the MULTAQ Savings Card.

Please see additional Important Safety Information throughout this starter guide, and click to read the [Medication Guide](#) and full [Prescribing Information](#), including **boxed WARNING**.

MULTAQ[®]
(dronedarone) **400mg**
Tablets

THERE'S SUPPORT TO HELP YOU STAY ON TRACK

SMARTRAQ™

WHAT IS SmartTraQ™?

The SmartTraQ program is designed to help people taking MULTAQ and those who care for them. When you enroll in SmartTraQ, you gain access to a customized program that may help you learn more about AFib and start strong on MULTAQ. During enrollment, you'll get to choose how you want to engage:



EMAIL

Get practical tips for taking MULTAQ and the latest on AFib treatments from leading experts



NURSE CALLS

Talk with a dedicated nurse for 1-on-1 support



TEXT MESSAGES

Get resources, encouragement, and reminders sent to your phone



OTHER SAVINGS AND SUPPORT

Learn how to save on your prescription, get meal tips, and the latest info on MULTAQ

IMPORTANT SAFETY INFORMATION (CONTINUED)

Who else shouldn't take MULTAQ?

You should not take MULTAQ if you are allergic to dronedarone or any of the other ingredients in MULTAQ.

You should not take MULTAQ if you have severe liver problems or if you had liver or lung problems after using amiodarone.

You should not take MULTAQ if you have a certain type of heart problem called heart block, and you do not have an implanted pacemaker.

You should not take MULTAQ if you are breastfeeding, pregnant, or plan to become pregnant as it is not known if it may pass to or harm your baby. Women who may become pregnant should use effective birth control while taking MULTAQ. Talk to your doctor about the best birth control methods for you.

IT'S EASY TO ENROLL IN SMARTRAQ™



Just visit www.multaq.com/smarttraq
and complete the enrollment
form to get started today.



SIGN UP TODAY!

Scan this QR code with the
camera on your phone to
sign up for SmartTraQ.

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MULTAQ®
(dronedarone) **400mg**
Tablets

IMPORTANT SAFETY INFORMATION (CONTINUED)

Are there any medications I should avoid while taking MULTAQ?

MULTAQ can interact with certain medications. Do not use the following medications with MULTAQ:

- Nefazodone
- Clarithromycin
- Telithromycin
- Ketoconazole
- Ritonavir
- Cyclosporine
- Voriconazole
- Itraconazole

Are there other medicines that would be harmful when taken with MULTAQ?

The following medicines can lead to a dangerous abnormal heart rhythm if taken with MULTAQ:

- Phenothiazines
- Tricyclic antidepressants
- Certain antibiotics
- Certain medicines used to treat an abnormal heart rhythm or fast heartbeat

What are possible serious side effects from taking MULTAQ?

MULTAQ may cause serious side effects including slowed heartbeat, inflammation of the lungs (including scarring and thickening), low potassium and magnesium levels in your blood, and changes in kidney function blood tests.

What are the most common side effects?

The most common side effects when taking MULTAQ include stomach problems such as diarrhea, nausea, vomiting, stomach area pain, and indigestion; feeling tired and weak; skin problems such as redness, rash, and itching. Tell your doctor about any side effect that bothers you or that does not go away.

Are there other things I should avoid while taking MULTAQ?

Do not drink grapefruit juice while taking MULTAQ, as this can increase the likelihood that you will have a side effect of MULTAQ.

What else should I tell my doctor?

Tell your doctor about all medications, vitamins, and herbal remedies (including St. John's wort) you take to help avoid serious drug interactions.

Is it OK to take a diuretic ("water pill") while on MULTAQ?

Your potassium levels should be within the normal range prior to and while taking MULTAQ. Tell your doctor about any diuretic medications ("water pills") you are taking as some can lower the level of potassium or magnesium in your blood.

Will I need any tests while I'm on MULTAQ?

Your doctor will monitor your heart rhythm regularly to make sure your heartbeat keeps a normal rhythm. Your doctor may perform certain tests, such as heart exams and blood tests, while you're taking MULTAQ.

Remember, your doctor is the single best source of information regarding your health. Please consult your doctor if you have any questions about your health or your medicine.

If you are a patient experiencing problems with a Sanofi U.S. product, please contact Sanofi U.S. at **1-800-633-1610**.

The health information contained herein is provided for general educational purposes only. Your healthcare professional is the single best source of information regarding your health. Please consult your healthcare professional if you have any questions about your health or treatment.



STAY INFORMED.
STAY THE COURSE.



YOU MAY QUALIFY FOR
AS LOW AS A \$0* CO-PAY

Pay as low as a \$0 co-pay for each of your next 13 MULTAQ prescription fills. No income restrictions.

*Terms and restrictions apply, see page 6 for details.



GET SUPPORT FOR YOUR
AFib TREATMENT WITH
SMARTRAQ™

See page 8 and learn more about the SmartTraQ™ Patient Support Program or **scan this QR code** to sign up.



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MULTAQ®
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Tablets